



# REFORMED EVANGELICAL CATHOLIC PRESS

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## A COMMON MANUAL OF PRAYERS

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## PREFACE

This prayerbook is created to be a simple, everyday use compilation of prayers for the common man. Each office is designed to be done in 5 minutes. This allows for the busy person to devote their life to God everyday, morning and evening. The supplementary material in this book should allow the Christian to more fully experience the grace of God through the Law and the Gospel. Any Christian from Reformed, Anglican, or Lutheran traditions should be able to draw much comfort and consolation from this book. I pray that it is used to the end of finding comfort in God and inspiring Christian piety.

All Scripture comes from the King James Version

Prayers and Collects are from the 1928 Book of Common Prayer

Selections made from Martin Luther's Small Catechism

Selections made from "The Anglican  
Breviary" (Frank Gavin Liturgical  
Foundation, 1955)

## THE CHRISTIAN LIFE

### **A GENERAL RULE OF LIFE**

#### The Fast

1. Fast from on Fridays until 5pm
2. Fast on Ash Wednesday Good Friday, & Ember days
3. Fast from all food Saturday midnight until Sunday morning Eucharist
4. I will never consume an inordinate amount of Alcohol

#### The Feast

1. I will daily reflect on my life and apply the Law and the Gospel to it.
2. I will spend at least 15 minutes in meditation on scripture at least once per week.
3. I will pray a form of Morning & Evening Prayer everyday
4. If I cannot complete one of the offices at the closest opportunity I will read a psalm.
5. I will order my feasting to that of the Church Calendar

6. I will make Auricular confession to a priest at least once per year
7. If I am unable to make a weekly Eucharist I will commit an act of Spiritual Communion.

### **THE TEN COMMANDMENTS**

1. God spake all these words, saying, I am the Lord thy God, which have brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have no other gods before me.
2. Thou shalt not make unto thee any idols
3. Thou shalt not take the name of the Lord thy God in vain
4. Remember the sabbath day, to keep it holy
5. Honour thy father and thy mother
6. Thou shalt not kill.
7. Thou shalt not commit adultery.
8. Thou shalt not steal.
9. Thou shalt not bear false witness against thy neighbour.
10. Thou shalt not covet

### **SUMMARY OF THE LAW**

And Jesus answered him, The first of all the commandments is, Hear, O Israel; The Lord our God is one Lord: And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment. And the second is like, namely this, Thou shalt love thy neighbour as thyself. There is none other commandment greater than these.

### **THE NICENE CREED**

I BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God; Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God; Begotten, not made; Being of one substance with the Father; By whom all things were made: Who for us men and for our salvation came down from heaven,

And was incarnate by the Holy Ghost of the Virgin Mary, And was made man: And was crucified also for us under Pontius Pilate; He suffered and was buried: And the third day he rose again according to the Scriptures: And ascended into heaven, And sitteth on the right hand of the Father: And he shall come again, with glory, to judge both the quick and the dead; Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, and Giver of Life, Who proceedeth from the Father [and the Son]; Who with the Father and the Son together is worshipped and glorified; Who spake by the Prophets: And I believe one Catholic and Apostolic Church: I acknowledge one Baptism for the remission of sins: And I look for the Resurrection of the dead: And the Life of the world to come. Amen.

### **THE LORD'S PRAYER**

OUR Father, who art in heaven, Hallowed be thy Name. Thy kingdom come. Thy will be done on earth, As it is in heaven. Give us this day our daily bread. And forgive us



our trespasses, As we forgive those who  
trespass against us. And lead us not into  
temptation; But deliver us from evil.  
Amen.

### **THE 7 DEADLY SINS**

1. Pride
2. Greed
3. Wrath
4. Envy
5. Lust
6. Gluttony
7. Sloth

### **THE 4 CARDINAL VIRTUES**

1. Wisdom
2. Moderation
3. Courage
4. Justice
- 5.

### **THE 3 THEOLOGICAL VIRTUES**

1. Faith
2. Hope
3. Charity

### **THE BEATITUDES**

1. Blessed are the poor in spirit: for theirs is the kingdom of heaven.
2. Blessed are they that mourn: for they shall be comforted.
3. Blessed are the meek: for they shall inherit the earth.

4. Blessed are they which do hunger and thirst after righteousness: for they shall be filled.
5. Blessed are the merciful: for they shall obtain mercy.
6. Blessed are the pure in heart: for they shall see God.
7. Blessed are the peacemakers: for they shall be called the children of God.
8. Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven.

### **THE SHEMA**

Hear, O Israel: The Lord our God is one Lord: And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might. And these words, which I command thee this day, shall be in thine heart: And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and

when thou risest up. And thou shalt bind them for a sign upon thine hand, and they shall be as frontlets between thine eyes. And thou shalt write them upon the posts of thy house, and on thy gates.

### **INSTITUTION OF BAPTISM**

Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen.

### **INSTITUTION OF THE LORD'S SUPPER**

For I have received of the Lord that which also I delivered unto you, that the Lord Jesus the same night in which he was betrayed took bread: And when he had given thanks, he brake it, and said, Take, eat: this is my body, which is broken for you: this do in remembrance of me. After the same manner also he took the cup, when he had supped, saying, this cup is the new testament in my blood: this do

ye, as oft as ye drink it, in remembrance of me.

## **INSTITUTION OF THE CHRISTIAN PRESBYTERATE**

Then said Jesus to them again, Peace be unto you: as my Father hath sent me, even so send I you. And when he had said this, he breathed on them, and saith unto them, Receive ye the Holy Ghost: Whose soever sins ye remit, they are remitted unto them; and whose soever sins ye retain, they are retained.

## **THE COMFORTABLE WORDS**

Hear what comfortable words our Saviour Christ saith unto all who truly turn to him.

Come unto me, all ye that labour and are heavy laden, and I will give you rest.

*Matt. 11:28*

For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

*John 3:16*

Hear also what Saint Paul saith.

This is a faithful saying, and worthy of all acceptance, that Christ Jesus came into the world to save sinners; of whom I am chief.

*1 Tim. 1:15*

My little children, these things write I unto you, that ye sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous: And he is the propitiation for our sins: and not for ours only, but also for the sins of the whole world.

*1 John 2:1-2*

### **THE CHRISTIAN HOPE**

And he shewed me a pure river of water of life, clear as crystal, proceeding out of the throne of God and of the Lamb. In the midst of the street of it, and on either side of the river, was there the tree of life, which bare twelve manner of fruits, and yielded her fruit every month: and the leaves of the tree were for the healing of the nations. And there shall be no more curse: but the throne of God and of the Lamb shall be in it; and his servants shall

serve him: And they shall see his face; and his name shall be in their foreheads. And there shall be no night there; and they need no candle, neither light of the sun; for the Lord God giveth them light: and they shall reign for ever and ever. And he said unto me, These sayings are faithful and true: and the Lord God of the holy prophets sent his angel to shew unto his servants the things which must shortly be done. Behold, I come quickly: blessed is he that keepeth the sayings of the prophecy of this book.

*Rev. 22:1-7*

MORNING PRAYERS

The sacrifices of God are a broken spirit: a broken and a contrite heart, O God, thou wilt not despise.

*Psalm 51:17*

*A Reading of some Christian Teaching may  
be done here  
(ex. The Ten Commandments)*

**PSALM 51:10-12**

Create in me a clean heart, O God;  
and renew a right spirit within me. Cast  
me not away from thy presence; and take  
not thy holy spirit from me. Restore unto  
me the joy of thy salvation; and uphold me  
with thy free spirit. Then will I teach  
transgressors thy ways; and sinners shall  
be converted unto thee.

**VENITE, EXULTEMUS DOMINO.**

O COME, let us sing unto the LORD; \*  
let us heartily rejoice in the strength of  
our salvation.

Let us come before his presence with  
thanksgiving; \*  
and show ourselves glad in him with  
psalms.



For the LORD is a great God; \*  
and a great King above all gods.

In his hand are all the corners of the  
earth; \*

and the strength of the hills is his also.

The sea is his, and he made it; \*  
and his hands prepared the dry land.

O come, let us worship and fall down, \*  
and kneel before the LORD our Maker.

For he is the Lord our God; \*  
and we are the people of his pasture, and  
the sheep of his hand.

O worship the LORD in the beauty of  
holiness; \*

let the whole earth stand in awe of him.

For he cometh, for he cometh to judge  
the earth; \*

and with righteousness to judge the  
world, and the people with his truth.

GLORY be to the Father, and to the Son, \*  
and to the Holy Ghost;

As it was in the beginning, is now, and  
ever shall be, \*  
world without end. Amen.

*A Reading of the Psalms and some passage  
of the New or Old Testaments shall be read  
here.*

**TE DEUM LAUDAMUS.**

WE praise thee, O God; we acknowledge  
thee to be the Lord.

All the earth doth worship thee, the  
Father everlasting.

To thee all Angels cry aloud; the  
Heavens, and all the Powers therein;

To thee Cherubim and Seraphim  
continually do cry,

Holy, Holy, Holy, Lord God of Sabaoth;  
Heaven and earth are full of the Majesty  
of thy glory.

The glorious company of the Apostles  
praise thee.

The goodly fellowship of the Prophets  
praise thee.

The noble army of Martyrs praise thee.

The holy Church throughout all the  
world doth acknowledge thee;

The Father of an infinite Majesty;

Thine adorable, true and only Son;

Also the Holy Ghost the Comforter.

THOU art the King of Glory, O Christ.  
Thou art the everlasting Son of the  
Father.

When thou tookest upon thee to deliver  
man, thou didst humble thyself to be born  
of a Virgin.

When thou hadst overcome the  
sharpness of death, thou didst open the  
Kingdom of Heaven to all believers.

Thou sittest at the right hand of God, in  
the glory of the Father.

We believe that thou shalt come to be  
our Judge.

We therefore pray thee, help thy  
servants, whom thou hast redeemed with  
thy precious blood.

Make them to be numbered with thy  
Saints, in glory everlasting.

GLORY be to the Father, and to the Son, \*  
and to the Holy Ghost;

As it was in the beginning, is now, and  
ever shall be, \*  
world without end. Amen.

## THE APOSTLES CREED

I BELIEVE in God the Father Almighty,  
Maker of heaven and earth:

And in Jesus Christ his only Son  
our Lord: Who was conceived by the Holy  
Ghost, Born of the Virgin Mary: Suffered  
under Pontius Pilate, Was crucified, dead,  
and buried: He descended into hell; The  
third day he rose again from the dead: He  
ascended into heaven, And sitteth on the  
right hand of God the Father Almighty:  
From thence he shall come to judge the  
quick and the dead.

I believe in the Holy Ghost: The  
holy Catholic Church; The Communion of  
Saints: The Forgiveness of sins: The  
Resurrection of the body: And the Life  
everlasting. Amen.

*Personal Prayers and brief devotions may  
be made here*

## THE LORD'S PRAYER

OUR Father, who art in heaven, Hallowed be thy Name. Thy kingdom come. Thy will be done on earth, As it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive those who trespass against us. And lead us not into temptation; But deliver us from evil. Amen.

The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Ghost, be with you all. Amen.

*2 Cor. 13:14*

## MID DAY PRAYERS

### **Grace before Meat.**

BLESS, O Father, thy gifts to our use and us to thy service; for Christ's sake. Amen.

GIVE us grateful hearts, our Father, for all thy mercies, and make us mindful of the needs of others; through Jesus Christ our Lord. Amen.

### **For Joy in God's Creation.**

O HEAVENLY Father, who hast filled the world with beauty; Open, we beseech thee, our eyes to behold thy gracious hand in all thy works; that rejoicing in thy whole creation, we may learn to serve thee with gladness; for the sake of him by whom all things were made, thy Son, Jesus Christ our Lord. Amen.

### **A General Intercession.**

O GOD, at whose word man goeth forth to his work and to his labour until the evening; Be merciful to all whose duties are difficult or burdensome, and comfort them concerning their toil. Shield from